

THE MECHANICAL BRAG



Doug Townsend
1966



Don Stewart
1967, 81-83



Jack Elliott
1968, 78-80



Larry MacDonald
1969



George McGarry
1970-71



Ken Niepage
1972



Ron North
1973



Fred Armitage
1974-77



Doug Jago
1984-85



Ron Marcotte
1986-87



Harley D. Allison
1988



Ronald A. Peach
1989



Roger D. McNutt
1990-91



David E. Crawford
1992-99, 2000



Michael J. Holm
1993



William J. Corp
1994



George E. Furness
1995-96



William Paterson
1997-98



Dominic Fazio
2001-03



Doug Cormier
2004-05



James Allison
2006-07



Paul Shewfelt
2008-10



Lorraine Waller
2011-13



Jason Campbell
2014-15

New Leadership Announces 50th Anniversary Legacy Project

“Mechanical Contractors Association Hamilton 2015-2016 Board of Directors”



(Photo Front Row Left to Right): Doug Cormier BML Multitrades Group, MCAH President - Jason Campbell Aecon Industrial, a division of Aecon Construction Group Inc., Treasurer - Aron Shea. *(Back Row Left to Right):* Past President - Paul Shewfelt Modern Niagara Toronto Inc., Henry Hildebrandt The State Group Inc., George Furness Geonis Mech. Contracting Ltd., Immediate Past President - Lorraine Waller Matrix North American Construction Ltd. (Absent): Vice President - Anthony DeChellis E.S. Fox Ltd.

2015 mark's a historic year for the Mechanical Contractors Association Hamilton (MCAH), representing mechanical construction industry employers in the south central Ontario regions of Hamilton, Halton, Brant, Haldimand and Norfolk Counties. As a not for profit organization, and an accredited bargaining agency founded in 1966 with the Ontario Labour Relations Board, a short educational documentary **Reaching New Heights – “Building Communities By Investing In People”**

https://www.youtube.com/watch?v=X62dTT9_WKM truly captures a thought provoking look within the industry as a measure to commemorate the association's 50th year.

The newly appointed MCAH 2015-2016 board of directors determined to reveal their association story to honor this milestone. The presentation will impart MCAH humble beginnings; recognize industry leadership and organizational value.

www.mcahamilton.org/anniversary.php

Developing policies and programing to offer innovative education, the promotion of construction leadership excellence, community partnerships and economic development reinvestment will continue to reinforce the construction industry's highest standards for mechanical contractors, and our suppliers in the communities we live and work in.

The leadership of the board of directors governs the following association services:

- Innovative Education Programs
- Training support through the Construction Education Council
- Support by way of Apprenticeship Training and Management
- Industry Supplier Associate Memberships
- Member Education Scholarships
- Support for the McMaster University Heavy Construction Chair
- Advisory assistance for the MCAH McMaster University Student Chapter
- Government Liaison, Community Support and Economic Development Partnerships
- Member Social Networking Opportunities and Engagement

MCAH membership also provides valuable connections to Provincial, National and International associations through MCA Ontario, MCA Canada and MCA America.

“Fifty years is no small milestone and I am very proud of the MCAH Board's efforts to appropriately honor our rich heritage. The continued willingness to support our association's committees and activities by our past Presidents is indicative of the fabric of this association and the people that have made it work for the last five decades.” - Jason Campbell, President



MCAH CHARITY OF CHOICE - *Your Generosity in Action at Hamilton Health Sciences*

We continue to celebrate the contributions made in support of Hamilton Health Sciences Foundation from the hard working members of the Mechanical Contractors Association and United Association 67 Plumbers, Steamfitters and Welders.



On September 22, we were excited to celebrate the official opening of the CIBC Breast Assessment Centre. The 8,500 square foot Centre provides rapid access to breast cancer screening and diagnostic services to women of all ages and is the most comprehensive assessment facility of its type in the region. As one of only a handful of facilities in the country offering genetic testing for those with a family history of breast cancer, the CIBC Breast Assessment Centre also acts as a regional resource for women at high risk of developing the disease. Photos from the opening can be viewed on our website at www.hamiltonhealth.ca

As many of you are already aware, rapidly rising on Wellington Street North is the new McMaster Children’s Health Centre, which will benefit from your contributions. We are truly excited by this purpose-built facility and the opportunity it provides to “enable the dreams” of the children who will receive outpatient care through the Autism Spectrum Disorder Service, Development Pediatrics Rehabilitation Program, Child and Youth Outpatient Mental Health Program, and the Prosthetics and Orthotics Service. This facility will be home to more than 70,000 patient visits a year and will be the only facility in Canada to house this combination of inter-related programs. To learn more about the inspiring children and families who will be cared for through these programs, please visit our website www.mackids.ca/dreams



This year’s support will contribute to the purchase of a CAD/CAM System in the Prosthetics and Orthotics Service serving both adults and children across the region will also benefit from your support. This system will greatly enhance the quality of life for patients as it will ensure their prostheses will have a superior comfort, fit and function. The optical laser scanner and special computer software enables clinicians to design and fabricate custom made braces and limbs so that the measurements are more precise and faster than traditional casting and molding. This system will benefit children who need a new prosthetic, on average every nine months, to an adult who with age and weight changes also requires new limbs. This system will have a direct impact on their mobility and physical independence.

“The ongoing support from The Mechanical Contractors Association and United Association 67 Plumbers, Steamfitters and Welders is greatly appreciated. It is having a direct impact on the care and quality of life for the thousands of patients who rely on Hamilton Health Sciences,” says Pearl F. Veenema, President and CEO of Hamilton Health Sciences Foundation. *“The government does not fund the purchase of medical equipment, so your support is crucial. Thank you for your support and we wish all of you and your families a healthy holiday season.”*

For more information about Hamilton Health Sciences Foundation, visit www.hamiltonhealth.ca. Members who wish to make a personal contribution can do so by logging on to www.mcahamilton.org and clicking on the “Donate Now” button, you will have the ability to designate to a specific site or to our greatest needs.

What Makes Hamilton Health Sciences Unique?

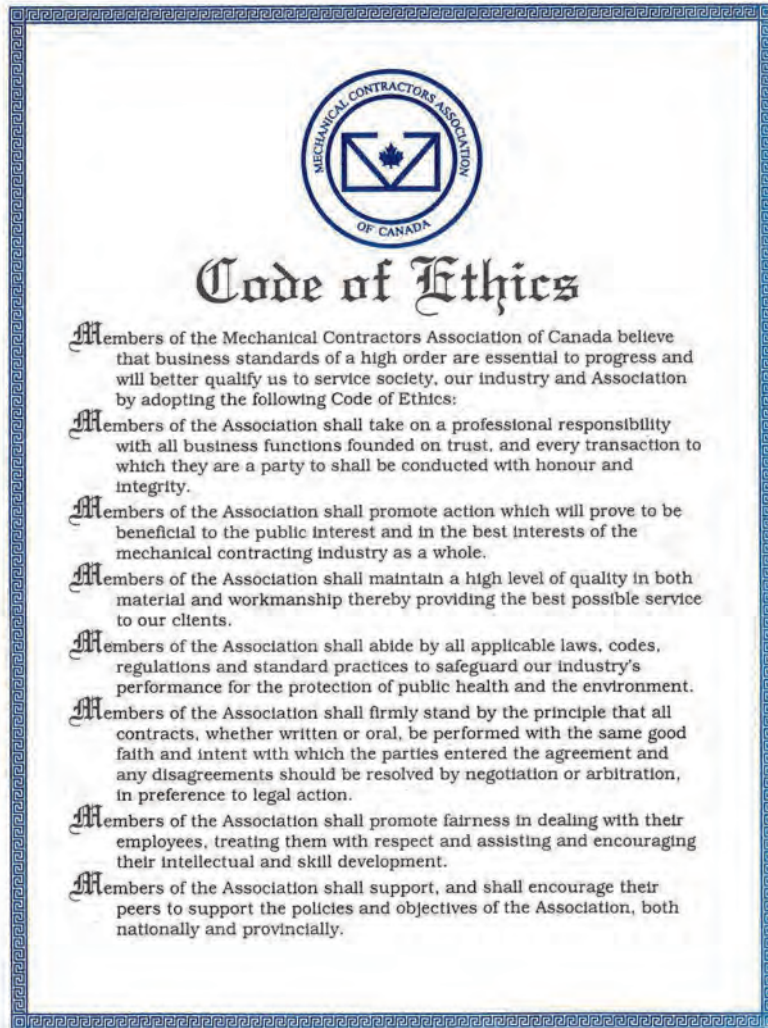
- Largest neonatal intensive care unit in Ontario at McMaster Children’s
- Largest palliative care program in Canada at St. Peter’s
- Leading research hospital in Canada and Seventh in the World
- Second largest hospital corporation in Ontario
- Largest integrated stroke program in Ontario at Hamilton General
- Second largest trauma and burn programs in Ontario at Hamilton General
- Second largest hepatobiliary surgery program in Ontario at Juravinski Hospital
- The first Cyberknife Radiation Treatment program in Ontario at Juravinski Cancer Centre
- Provincial leader in treatment for Acquired Brain Injury



50 YEARS OF INDUSTRY EXCELLENCE - *Meet Our Members*

Our association culture continues to thrive by reinforcing the highest ethical standards established within the construction industry, public health, safety, environment and professional business practices while engaging members to reinvest in the communities we serve.

Integrity...Trust...Respect



MEET OUR CONTRACTORS:

Aecon Industrial, Alberici Constructors Ltd., B. Phillip's Co (1987) Limited, Babcock & Wilcox Canada Ltd., Bennett Mechanical Installations 2001 Ltd., Bird Mechanical Ltd., Black & McDonald Ltd., BML Multitrades Group Ltd., Bramkal Contractors Inc., DMR Mechanical & Electrical Inc., E.S. Fox Ltd., Forrest Mechanical Inc., Geo. A. Kelson Company Limited, Geonis Mech. Contracting Ltd., Gowing Contractors Ltd., Great Lakes Contracting Ltd., Hoffer Mechanical Co. Ltd., Innovator Specialty Services, Johnson Controls, Keith's Plumbing, Lancaster Group Inc., Mainway Industrial Installations, Matrix North American Construction Ltd., Modern Niagara Toronto Inc., Onyx Mechanical, R.D. Stewart Mechanical (2013) Ltd., Songer Canada, Sprint Insight Inc., Superior Boiler Works and Welding Ltd., TESC Contracting Hamilton Ltd., The State Group Inc., Trade-Mark Industrial Inc., Urban Mechanical Contracting Ltd., Varan Mechanical Contracting Ltd., Western Plumbing & Heating

MEET OUR ASSOCIATE MEMBERS:

Ainsworth Inc., Aluma Systems, Anvil Canada, Aon Risk Solutions, BDO Canada LLP, BMF Fabrications Ltd., BOC Gases Canada, CCTF Corporation, Control Chem, Crosby Dewar Inc., Crane Supply, Dan Lawrie Insurance Brokers, Dew Point Insulation, Enterprise Fleet Management, Fabco Plastics, Federated Insurance Company of Canada, Flocor, IPEX Inc., It Works Promotions, J.H. Young & Sons Ltd., Marks Supply Inc., McGowan Insulations Ltd., Mercedes-Benz Burlington, Printing House (Hamilton Branch), Schooley Mitchell Consultants, Stepright Capital Planning Inc., Syntec Process Equipment, Victaulic Company of Canada Ltd., Viegla LLC, Wellington At Work Inc., Wentworth Financial Services Inc., Westlake Industries, Wolseley Mechanical Group



MCAH MCMASTER UNIVERSITY COMMITTEE & STUDENT CHAPTER - *Rising Stars*



(Photo Left to Right): Patrick Finniss - Service & Maintenance Manager, Kamil Musielak - Site Superintendent, Nicola Culliton - Design Manager/Secretary, Melanie Englert - Project Executive/President, Daniel Dickinson - Project Manager/ Treasurer JuYoung Kim - Health & Safety Manager and Martin Wong - Chief Estimator

Meet our 2015/16 Competition Team! Each year MCAH members rally for "TEAM HAMILTON" by sharing their expertise, offering career advice or hiring a co-op student or grad at our January MCAH Student Chapter Contractor Meet & Greet industry night. Our team consists of a blend of overachieving mechanical and civil engineering students with an appetite to test their comfort zone and knowledge boundaries. As a result, the MCAH office is now flooded with employer inquiries! You can meet our team and their student affiliates year-round as they attend and raise funds at their 50/50 Draw at Pub Night, MCA Hamilton Annual General Meeting & Associate Member Trade Show and our member's Christmas Party. Show your support, buy a ticket or purchase a golf shirt as proceeds are directed to fund student chapter activities including site tour and competition transportation. Our Annual Student Chapter Donor Program needs to recognize the following companies for their continued support! **Aecon Industrial, Aon Risk Solutions, Associate Member Committee, BMF Fabrications Ltd., Crosby Dewar Inc., IT Works Promotions,**



Matrix North American Construction Ltd., McGowan Insulations Ltd., Modern Niagara Toronto Inc., Stepright Financial Planning Inc. The State Group Inc., Western Plumbing & Heating. Learn more about this year's Competition Project, for an Eight Storey Student Housing Project in San Jose, CA "We are currently undertaking the task of sizing a Mitsubishi City-Multi VRF system, as well as designing the layout of the plumbing, fire protection, HVAC piping and air vents. A request for proposal as well as the building drawings were provided to us for this project (we were given only about 8 drawings in total, as we must design the piping and HVAC layouts). If you can provide insight about industry best practice for piping, tips on designing the piping/plumbing, advice on sizing the VRF, or any general advice about the project, it would be fantastic to get some feedback!"



Please email the team directly at mcahteam@gmail.com or LIKE and connect on their new Facebook Page www.facebook.com/mcah.mcmaster **TRENDING...** Since our last newsletter, MCA Hamilton hosted Canada's 1st Annual Canadian Student Chapter Summit in 2014, we witnessed MCA Kitchener– Waterloo build momentum as organizers of the 2nd Canadian Student Chapter Summit in 2015, now Toronto reigns as planning is already underway for the February 2016 3rd Canadian Student Chapter Summit! MCAH would like to thank the following contributors who never hesitated to support our inaugural sponsorship invitation.



Excellence Recognized! Mechanical students excel under the supervision by Dr. Stephen Veldhuis, MCAH McMaster Student Chapter Faculty Liaison, Ph.D., P.Eng., Associate Professor and Director at McMaster Manufacturing Research Institute (MMRI), joined by Student Chapter civil students managed by Professor Saiedeh N. Razavi, PhD, Chair in Heavy Construction Assistant Professor, Department of Civil Engineering Associate Member, Department of Electrical and Computer Engineering/Associate Member, School of Geography and Earth Sciences McMaster University. MCAH's previous Heavy Construction endowment gift of \$125,000 provides an advisory board position to help guide solutions to address future industry needs.

Presenting Sponsor



Silver Sponsors



MCA Hamilton Associate Member Committee



IT WORKS



Platinum Sponsors



Honorary Sponsors



CONNECT WITH US! www.facebook.com/mcah.mcmaster Email: mcahteam@gmail.com
 Visit the MCAH McMaster University Student Chapter website: mcah.mcmaster.ca or <http://www.mcahamilton.org/chapters.html>



BRINGING HOME GOLD - Prestigious United States Award For Canadian Team!

“Mechanical Contractors Association Hamilton’s McMaster University Student Chapter Competition Team Win, Marks Canadian First”

Determination, perseverance, academic prowess and the ability to embrace a completely new challenge and thrive! The MCAH stewardship of their McMaster University Student Chapter Competition Team, with the aid of their dedicated Faculty Liaison introduces an exceptional group of mechanical and civil engineering students ready for any award-winning challenge.



Meet our next generation of outstanding Canadian construction industry leaders! Photo (left to right): Chuck Fell, President Mechanical Contractors Association America (MCAA) presents the winning Student Chapter Team Members - Alexandra Pittiglio (Civil Engineering), Jeff McKay (Mechanical Engineering), Aaron Pettifer (Civil Engineering), Tanya Tipnis (Mechanical Engineering / Student Chapter President), Paula MacDonald (Mechanical Engineering), Mitchell Rohrer (Mechanical Engineering), and their MCA Hamilton McMaster Student Chapter Faculty Liaison, Dr. Stephen Veldhuis, Ph.D., P.Eng., Associate Professor and Director at McMaster Manufacturing Research Institute (MMRI), joined by Troy Aichele, Chairman, Mechanical Contractors Association America Career Development Committee (Construction Executive Hermanson Company, Seattle, WA) shares, *“Congratulations to the MCA Hamilton / McMaster University Student Chapter Team!! Out of 50 MCAA Student*

Chapters in North America, and in their first ever appearance in the Final Four, the McMaster team stepped up on the biggest of stages for their presentation at the MCAA National Convention in taking home 1st Place in our ultra-competitive Annual Student Chapter Competition. In what surely will be the first of many project wins for these students in their future mechanical careers, well done from all of us at MCAA and the MCAA Career Development Committee.”

“This was an amazing experience for the students. It reinforced the things we are teaching here at McMaster University and gave the students a chance to test their knowledge on a real world problem,” Dr. Stephen Veldhuis, MCA Hamilton McMaster Student Chapter Faculty Liaison, Ph.D., P.Eng., Associate Professor and Director at McMaster Manufacturing Research Institute (MMRI). Civil engineering students are also guided to excellence under the supervision of Professor Saiedeh N. Razavi, PhD, Chair in Heavy Construction Assistant Professor, Department of Civil Engineering Associate Member, Department of Electrical and Computer Engineering/Associate Member, School of Geography and Earth Sciences McMaster University.

Student teams were asked to design the Segundo Student Services Center at the University of California at Davis. The facility was to be designed and built to meet LEED, NC Gold standards with the winning team earning a \$10,000 prize. The project was announced at the MCAA Student Chapter Summit in New Jersey last October, with twenty-four teams initially competed for the top spot as the field was narrowed to four. With 2,200 MCAA conference attendees, and presenting to over 500 industry professionals, the adjudication panel consisted of well-respected, established industry peers, acknowledging their quality of work and presentation savvy. Kudos to Hamilton as the only “Canadian” Student Chapter participating in the Mechanical Contractors Association America Student Chapter Competition as the Mechanical Contractors Association of America continues to welcome their neighbours from the north providing mentoring through their well-established program. Hamilton’s first place achievement respectfully acknowledges the outstanding merits of their competitors, teams from the University of Washington, Colorado State University and Wentworth Chapter of the Mechanical Contractors Association of America.

“Congratulations, the win is a huge achievement. The students put countless hours of work into their bid and subsequent preparation for the event. During the competition itself, students hit the stage in front of an audience full of contractors and MCAA delegates to defend their bid. Each was given the chance to talk about his or her piece of the project and was then subjected to rigorous scrutiny from the project judges. It’s a real pressure cooker type of situation. Our Canadian students were well prepared, knew their stuff, and impressed the judges enough to be crowned winners. This is the first time that a Canadian chapter has placed in the top four—never mind actually winning the event,” Richard McKeagan, President Mechanical Contractors Association Canada.

The Mechanical Contractors Association Hamilton first established their Student Chapter Competition Team in partnership with McMaster University in 2006. *“The formation of Student Chapters represents our proactive approach to address industry skills shortage by preserving student interest through programming while encouraging employer internships and graduate employment. Through site tours, competitions, mentoring, conferences, and industry networking our employers continue to have the first opportunity to hire our industry’s best & brightest,”* Jason Campbell, President Mechanical Contractors Association Hamilton. *“First to final year students from the Department of Mechanical Engineering and related construction management trades can become Student Chapter members as new chapters are now forming across Canada within the Mechanical Contractors Association network. By succession planning, we can instill and preserve our industry’s highest safety standards, practices and code of ethics that govern our unionized employer members, which build trust with owner clients, while adapting to our changing market through engaging talented young professionals.”*

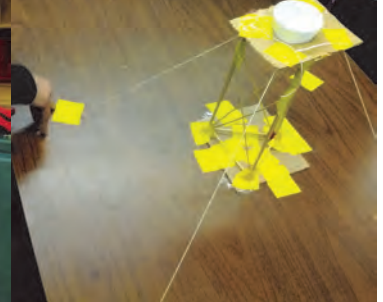
On behalf of the Mechanical Contractors Association Hamilton team, the Student Chapter’s success could not have been achieved without the healthy collaboration and generous support of time, interest, mentorship, and sponsorship of all MCAH Contractor and Supplier Members <http://www.mcahamilton.org/directory.php> MCA Ontario, MCA Canada and the MCAH Board of Directors, President - Jason Campbell Aeon Industrial, a division of Aeon Construction Group Inc., Vice President - Anthony DeChellis E.S. Fox Ltd., Treasurer - Henry Hildebrandt The State Group Inc., Immediate Past President - Lorraine Waller Matrix North American Construction Ltd., Past President - Paul Shewfelt Modern Niagara Toronto Inc., Doug Cormier BML Multitrades Group, George Furness Geonis Mech.



IT'S ALL FUN & GAMES - *Piques Interest In Engineering Careers*



Grade school mentoring offered by the MCAH McMaster University Student Chapter, reinforces each engineering student's leadership and teamwork skills while revealing the hidden talents of Lake Ave. School students to inspire and achieve beyond their imagination! Equipped with scissors, tape and boxes of mixed household craft supplies in hand, each year our next generation of engineering leaders engage in their community outreach activity, cleverly disguised as a much anticipated "play day"! The positive power of stewardship leads our future.



NATIONAL TRADE ASSOCIATIONS UNITE - *Getting Paid, Standardize Forms*

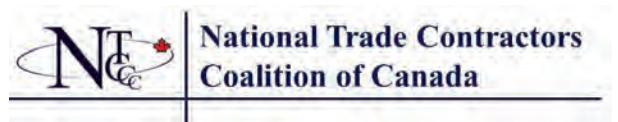
The National Trade Contractors Coalition of Canada (NTCCC) is a group of like minded national trade associations who have come together to identify issues of common interest. The members of the NTCCC are actively involved in several projects to assist not only the constituent membership of each association, but the industry as a whole. www.ntccc.ca/

The Coalition has identified several key projects which they will focus on including:

- Prompt Payment both Federally and provincially
- Supporting the use of unaltered forms of industry accepted standard forms of contracts
- Support for industry wide acceptance (eg: owners, designers, engineers, general and trade contractors, etc.) of a national change order standard combined with a national education/awareness program

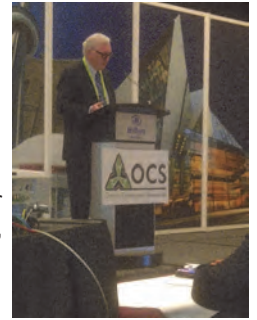
Management education is another topic that is of paramount interest to trade contractors and an agreement to share programs among constituent member associations has been established. NTCCC is currently made up of 11 trade organizations including:

- Mechanical Contractors Association of Canada
- Canadian Electrical Contractors Association
- Canadian Masonry Contractors Association
- Canadian Automatic Sprinkler Association
- Canadian Roofing Contractors Association
- Contractors Division of the Heating, Refrigeration and Air Conditioning Contractors of Canada
- Ontario Sheet Metal Contractors Association
- Thermal Insulation Association of Canada
- Interior Systems Contractors Association of Ontario
- Canadian Institute of Steel Construction



NATIONAL NETWORK DRIVES YOUR SUCCESS - *Education, Technology, X Y Gens*

MCAH's organizational structure remains fluid and adaptable as our tiered professional network works diligently to remain ahead of current and future trends through industry collaborations and statistical data collections. The **Ontario Construction Secretariat (OCS)** was formed in 1993 to represent the collective interests of the unionized construction industry in Ontario's industrial, commercial and institutional (ICI) construction sector. As a joint labour-management organization, OCS is dedicated to enhancing Ontario's unionized ICI construction industry by developing relationships, facilitating dialogue and providing value-added research. Research is the foundation of the OCS that underpins each of the OCS strategic objectives: Improved Labour Relations; Positive Perceptions of Unionized Construction; and Supportive Public Policy. Their stakeholders include the twenty-five unionized construction trades and their contractor partners. OCS is also pleased to have provincial government appointees to its Board of Directors from the Ministry of Labour, Ministry of Training, Colleges and Universities, Ministry of Economic Development, Employment and Infrastructure and Infrastructure Ontario. Representing over 100,000 union members and 5,000 union contractors, the OCS is a trusted leader in delivering non-partisan and impartial research and advice to our industry and government stakeholders. www.iciconstruction.com/



MCA Canada Restructures CMCEF The Canadian Mechanical Contracting Education Foundation (CMCEF) was absorbed by MCA Canada (MCAC) and rebranded as the **Construction Education Council (CEC)**. The non-profit training organization will function as a council within MCAC. CEC executive director Tania Johnston said, "Eliminating overlapping administrative costs were a major reason for the change and says she is looking forward to the opportunity to work with the rebranded council," managed by Johnston. "We're always looking to make ourselves better," explained CEC chairman Daryl Zimmerman, who stressed the importance of increasing educational activities on regional levels. The CMCEF offers approximately over 30 seminars each year, training more than 500 mechanical professionals within the MCA network. Road tripping, as MCA Hamilton joined **MCA Ontario** at their Toronto 2015 Canada Skills exhibit responding to career inquiries from interested teachers, students and parents. Fun, interactive foundation skill building activities tested the aptitude of visitors interested in learning what it takes to walk the path of engineering professionals. Let's not forget the MCAH unified efforts in conjunction with UA Local 67 and their UA Canada head office to address construction policy and the ever changing face of our



future workforce and new standards. Through the MCAH Promotion Committee and Joint Apprenticeship and Training Committee, regular monthly meetings identify common goals which sets the stage for dialogue, deliberation and solution-based conclusions.

CANADA'S CHANGING UNION BASED ECONOMY

"What You Need To Know About The 30%"

Did you know unions strengthen the Canadian Economy? Nearly 30% of Canadian workers belong to unions, including, nurses, teachers, journalists and professional athletes, as well as the more traditionally unionized occupations like retail store clerks, manufacturing workers, miners, electricians and other construction trades workers. All in all, about four million Canadian workers belong to a union. Many historians attribute unions to the rise of Canada's middle class and the general prosperity of the country. By helping more workers make decent wages with more job security, offered a voice to help establish health and safety regulatory standards, unions are largely responsible for stabilizing the economy and stimulating its growth. Because of unions, more working people can afford houses, better food, clothing, cars and other consumer goods.



Increasing demand for these things creates more jobs and even more economic growth. Workers who are paid well and enjoy job security can afford to pay taxes to support the growth of public services like schools, roads, clean water, police services, electricity and health care. In this regard, even people who have never belonged to a union benefit from the existence of good union jobs in their communities. Canada is among the top five most prosperous countries in the world and has a relatively high rate of unionization. Union workers make more money, spend more money and create more jobs with that spending. The health care benefits enjoyed by union members (dental, prescription drugs, optical, physiotherapy, etc) means healthier families and less of a burden on the health care system. And union pensions mean workers and their families can retire comfortably and continue to contribute to the economy in their golden years. Unions in Canada are regulated by federal and provincial legislation. They are required by law to be democratic and financially accountable to their members. All unions have constitutions that must be registered with government labour boards. There are well over a hundred different unions in Canada.

Source * UFCW Canada stands for the United Food and Commercial Workers Canada www.ufcw.ca/index.php?option=com_content&view=article&id=29&Itemid=49&lang=en#link1



MCAH MEMBER DISCOUNTS - Saving You Money Locally & Nationally!

This program is designed to save companies money, build new business relationships while increasing MCAH membership benefits. ALL MCAH and UA Local 67 members can now receive a preferred rate, exclusive discount or one time introductory offer on Associate Member services.

MEMBER DISCOUNT	COMPANY	DESCRIPTION	CONTACT PERSON	PHONE
10% discount on insurance rates for members of MCAH/ Best in Class Coverage	Aon Risk Solutions	General liability, automobile, property, Builders Risks, surety/ bonding, Risk Control and more	Nikki Laskin	289-313-2630
Wholesale Pricing / No Artwork or Setup Fees	IT Works Promotions	Promotional Items	Bill Dehal	905-928-4802
Preferred Pricing and Specialized Coverage	Federated Insurance	Business, Group Benefits and Personal Lines	Mauro Di Tullio	1-800-361-0790 ext. 204
Preferred MCAH Member Rates Available – First Order	The Printing House Limited	Printing Services	* Contact MCA Hamilton	905-522-1965
Preferred MCAH Member Rates Available	J.H. Young & Sons Ltd.	Jewelry & Corporate Gifts	* Contact MCA Hamilton	905-522-1965
20% discount on hourly rate for telecom consulting projects and preferred rate on contingency expense reduction	Schooley Mitchell Consultants	Telecommunications	Phil Mostert	905-667-4762
Discounted Commercial Truck rentals (including trucks with snow plows, Flat decks, dump body's, etc) Details: October to February: 15% off the retail rate March to September: 5% off the retail rate	Enterprise Fleet Management	Business Vehicle Management	Parsa Ershadi Jeff Muzzin	647-862-2561 647-920-6977
10% off to all members	Fabco Plastics	Pipes & fittings	Michael Fallis	905-832-0600
6-20% on booking Superior Guestrooms Online Corporate Account Number 209214	Sheraton Hamilton Hotel	Hotel Rooms	Laura Koch, Reservations Coordinator reservations@sheratonhamilton.com	Mon-Fri 9am-5pm 905-317-4519 24Hrs 1-888-627-8161
15% Hotel Discount at all Choice Hotels, to book please call 1-800-424-6423 or visit www.choicehotels.ca enter ID code 88654	Westmont Hospitality - Corporate and Crew Accommodations	To book crew stays please contact Keri Walker. Westmont Hospitality, over 110 hotels across Canada. www.innvestreithotels.com	Keri Walker, Regional Director of Sales, Keri.walker@whg.com	289-895-9384



MCAH COMMITTEE BRIEFS - Young Engineers & Skilled Trades Awards

Each year MCAH sponsor's an award at the Annual Bay Area Science Fair Science Fair in the category of Best Intermediate or Senior Level Engineering Project. MCAH Vice President Anthony DeChellis, as our onsite project judge, witnessed more submissions focusing on Environmental and Medical Sciences.

Congratulations to Frederico Cao and Adree Khondker of Westdale Secondary School for their winning project Thermoelectric Effect on Photovoltaic Cells!

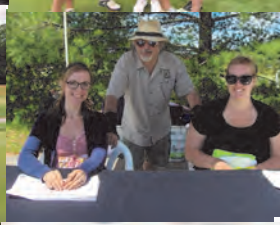


A Big Stage for Big Talent!

There's nothing wrong with a little heathy competition as we congratulate our own, UA Local 67's Lucas Ballentine-Cole who captured the Silver Medal in Plumbing in Saskatchewan in 2015! This is the second year in a row that an apprentice from UA Local 67 Hamilton-Niagara has won the Plumbing Silver Medal at the national level. 2015 Canada Skills Competition. The 2015 UA Central Regional Apprenticeship Competition held at UA Local 71 in Ottawa had four UA Local 67 apprentices compete: Jenna Fothergill – 4th year Steamfitter, Cody Beck – 3rd year Plumber, Jaime Rowe – 1st year Plumber and Carly Myers – 2nd year Welder. **Congratulations** to all apprentices and to Cody Beck who captured 1st place in the plumbing competition, and to Carly Myers who placed 2nd in the welding competition - in what we understand was an extremely close and tight race for first place!



Golf Tourney
"Best"
ACTION SHOTS!



Happy 50th!

LOOK REAL COOL WHILE HELPING OUR STUDENT CHAPTER

RETAIL COST \$40.00^{+HST}

(\$35.00 Shirt Cost + \$5.00 Student Chapter Donation)

All Proceeds Directed to support

MCAH Student Chapter Education Programming

"Our next generation, the best and brightest"

GREAT GIFT

LADIES & MENS SIZES



BULK ORDERS AVAILABLE



21st Annual Student Scholarship Awards Exceeds \$404,000.00 In Gifts

“Construction Industry, Giving Back By Investing In Southern Ontario Youth Leadership”

Investing in youth leadership remains on the forefront for southern Ontario unionized construction employers, members of the Mechanical Contractors Association of Hamilton (MCAH). Twenty \$1,000.00 scholarships were gifted to exceptional students, who are children of salaried employees of their contractor member companies located in Hamilton, Halton, Haldimand, Brant, and Norfolk Counties at their 21th Annual Scholarship Awards Ceremony.

Recipients are students either entering or currently enrolled in universities or colleges across the globe who maintained an exceptional grade average, established an outstanding commitment to their community through volunteerism, leadership development and demonstrated superior interest in the mechanical contracting industry or their chosen field of study. The MCA Hamilton McMaster Student Chapter \$1,000 Scholarship was also awarded.

Education Committee Chairman, Paul Shewfelt presented the awards, with the assistance of Immediate Past President Lorraine Waller. *“We see the benefits of our continued stewardship and investment in our future*



2015 Award Winners!

(Photo): 2015 Mechanical Contractors Association Hamilton Scholarship Recipients. Meet our recipients, visit <http://www.mcahamilton.org/downloads/For%20Immediate%20Release%202015%20Scholarship%20Giving%20Back%20-%20PR.pdf>



Fond reflections, Meet Our 2014 Award Winners!

(Photo): A proud moment for students, parents and the MCAH board of directors as recipients accept their awards from event hosts, Education Chairman, Paul Shewfelt (far left), Ron Marcotte (second left) and MCAH Past President Lorraine Waller (far right). Meet our recipients, visit <http://www.mcahamilton.org/downloads/2014-scholarship-pr.pdf>

leaders through offering our annual scholarships. Having the opportunity to meet and recognize the remarkable achievements of these young students reinforces and fuels their passion for achievement. Congratulations to all the scholarship recipients this year!”

Each year the Scholarship Selection Committee has the difficult task of selecting a maximum of twenty deserving students to receive this prestigious scholarship award. In addition, one special scholarship is also awarded on the behalf of our MCAH McMaster Student Chapter. This year’s Scholarship Selection Committee Panel included Past Presidents, Board of Directors and member volunteers; Paul Shewfelt, Honourary Life Member Ron Marcotte, Aron Shea and Greg Crawford.

Since the program’s inception in 1995, managed by the MCAH Education Committee, contractor employer membership dues have funded over \$404,000.00 in awarded scholarships.

Congratulations to all our recipients!



MCAH MEMBER & INDUSTRY NEWS - *It's Your Turn To Brag!*



Everyone's catching Student Chapter fever! **Modern Niagara Toronto Inc.** Vice President/MCAH director, **Paul Shewfelt** (Group Photo: Front row, right) along with MCAH Manager Wanda Heimbecker, continue to turn up the heat as invited guest speakers at the MCAH Toronto Student Chapter Strategy Meeting as Toronto explores forming their chapter! An honourable mention to **Matrix North American Construction Ltd.** and **Aecon Industrial** for contributing solid stewardship advice at the monthly MCA Hamilton Student Chapter meetings. Rumour has it MCA Toronto will be hosting the 2016 Canadian Student Chapter Summit - *can't wait!* We would like to take this opportunity to introduce **Dan Lawrie Insurance Brokers** to the MCAH. With a staff of over 95 dedicated professionals providing and servicing a


complete range of personal and corporate insurance products, their firm has become one of the largest and fastest growing insurance organizations in Southern Ontario and now ranks in the top 5% of insurance brokerages in Canada. They are proud to be 100% Canadian Owned and Operated, with no financial obligations to any of our insuring partners. **Dan Lawrie Named Burlington's 2015 Distinguished Entrepreneur!** Dan was chosen as the award recipient to recognize his leadership role in building a successful, high-profile company that positively represents Burlington both locally and regionally. He reflects entrepreneurship through our company and through his philanthropic endeavours giving back to the community. Dan Lawrie Insurance Brokers has consistently served the Burlington and Hamilton communities with passion, leadership, honesty and integrity for over 30 years. Dan is also well known for his philanthropy work and is the creator of the Dan Lawrie Family Foundation dedicated to increasing the public's accessibility to visual arts. We honour our past leadership as graceful passages are announced with a heavy heart,



Dan Lawrie Insurance Brokers

the passing of MCAH Past President **Michael Holm** (Photo Left) and past director **George Ewing Morrison**. New beginnings as we welcome **Hope Wybouw**, our part-time Executive Assistant! *"Living on both sides of the Atlantic has given me unique experiences both personally and professionally. I am a graduate of Sheffield Hallam University Business School with a degree in Events Management BSc. (Hons). I'm excited to be starting the new chapter of my life in Canada. I thrive on new challenging experiences and can't wait to make the most of the opportunities that come my way."* We are excited to announce Lancaster Sheet Metal Ltd. has



changed their company name to **Lancaster Group Inc.** Their new name more accurately aligns their three distinct  divisions providing construction services, sheet metal fabrication and HVAC /R under one roof. Ownership, management and their dedicated staff of qualified professionals remains the same. *"By changing to this new structure we believe that we can better position ourselves to address the individual needs of our clients, and set the stage for future growth. Please visit our new website at www.lancastergroup.ca to learn more about our company's services and history. We look forward to continuing to work together with you in partnership as we continue to grow and diversify."* Associate

Member Committee Founding Chair, **Wayne Branchaud** continues his tireless community investment work as the Chairman of the Brant Community Foundation. (Photo Right: General Manager of OLG Casino Brantford, Eddy Day, OLG Director of Municipal & Community Relations, Brant Community Foundation Chair, Wayne Branchaud and Mayor Chris Friel) reveal that \$700,000 in grants will be distributed to non-profit organizations servicing Brantford and area. Managing interests on behalf of association business owners is not a departure, as a private business owner and entrepreneur, **MCAH Manager, Wanda Heimbecker** and her family received a second prestigious Business Development Award for Land Stewardship and Sustainability presented by industry peers,



Long Point World Biosphere Reserve Foundation in partnership with Norfolk County. The Honourable David C. Onley, former Lieutenant Governor of Ontario, was on hand to congratulate the Heimbeckers as their story will be captured in global television documentary filmed in July 2016. On behalf of the MCAH board of directors, congratulations to new UA Local 67 Business Manager, **Nathan Bergstrand**, new Business Agent, **Geoff Roman** and returning Business Agents **Rick Hill** and **Don Krieg**. Well wishes for a happy retirement **Joe Beattie** as **Mark Eilerker** was introduced as your successor for the Hamilton Brantford Building Trades Business Manager, Financial Secretary-Treasurer position! We're rolling out the red carpet as MCA Ontario welcomes **Brandon Pageau!** Effective October 19, 2015 Brandon Pageau started in the role of Assistant Executive Vice President with the MCAO. Prior to the MCAO, Brandon worked as a Labour Relations Consultant in the electricity sector (Ontario Power Generation and Hydro One) for 3.5 years and subsequently as an Employee Relations Consultant at the Toronto Transit Commission (TTC) for 3 years. In these roles, Brandon represented the Employer and provided strategic advice to all levels of Management when dealing with employee and labour relations matters. While loyal to the Employer and ensuring the delivery of optimal advice, Brandon always takes a diplomatic and respectful approach when interacting with Union representatives. Brandon was raised in Hamilton and holds a Bachelor of Arts (Honours) degree in Labour Studies from McMaster University and a Master of Industrial Relations (MIR) degree from Queen's University. Welcome **Sue Ramsay**, Hamilton-Halton Construction Association's (HHCA) new General Manager, as Sandy Alyman enjoys a happy retirement!



MCAH 2015-2016 COMMITTEE APPOINTMENTS ANNOUNCED

Your association's not-for-profit governance model utilizes the expertise of our member volunteers. You're the pulse of our industry, channeling change and directing our continued growth. A sincere thank you to the following generous appointed business leaders who continue to contribute your valuable time, and goodwill to ensure our organization's productivity and achievements strengthen each year.

EXECUTIVE COMMITTEE: Jason Campbell (Chair/President), Anthony DeChellis (Vice President), Aron Shea (Treasurer)

PROMOTION COMMITTEE: Aron Shea (Chair), Doug Cormier, Lorraine Waller, Wanda Heimbecker

EDUCATION COMMITTEE: Paul Shewfelt (Chair), Rocco DiGiovanni, Simone D'Angelo, Kyle Heywood, Greg Crawford, Aron Shea, Wanda Heimbecker

NOMINATING COMMITTEE: Jason Campbell, Anthony DeChellis, Lorraine Waller

MCMaster UNIVERSITY COMMITTEE: Lorraine Waller (Chair), Paul Shewfelt, Jason Campbell, Glenn Hanson, Aron Shea, Andrew Forester, Greg Crawford, Mike DiLallo, Wanda Heimbecker **JATC:** Lorraine Waller (Chair), Doug Cormier, Henry Hildebrandt, Wanda Heimbecker

LABOUR MANAGEMENT HEALTH & SAFETY COMMITTEE: Doug Cormier (Chair), Henry Hildebrandt (Alternate), Wanda Heimbecker

MTBC: George Furness, Jason Campbell (Alternate) **MCAC:** George Furness, Jason Campbell (Alternate) **MCAO:** George Furness, Jason Campbell (Alternate)

CONSTRUCTION HOUSE COMMITTEE: Jason Campbell, Wanda Heimbecker **LOCAL OCS:** Paul Shewfelt, Anthony DeChellis

LOCAL MIAC / LABOUR RELATIONS COMMITTEE: Paul Shewfelt (Chair), Anthony DeChellis, Henry Hildebrandt, Wanda Heimbecker

HHCA: Paul Shewfelt, Wanda Heimbecker **HHCA LABOUR RELATIONS COMMITTEE:** Anthony DeChellis

ASSOCIATE MEMBERS COMMITTEE: Henry Hildebrandt (Chair), Doug Cormier, George Furness, Wanda Heimbecker

MCAH COMMITTEE BRIEFS - Associate Members Strengthen Leadership



Building a framework to augment our fiscal bottom line with in-kind donations takes real leadership. We take pride in creating a platform for industry suppliers investing in our association. In 2014, \$7,614.00 of valued service contributions were received through the support of complimentary education services and gifts at various social networking events. The significant role of our industry supplier members have contributed \$62,452.55 in generous

Wayne Brandchaud
Associate Member Committee
Founding Chair

"Please join us, get involved, you won't regret it!"

Dennis Costello
Associate Member Committee
Current Chair



"As an active member I've witnessed the strength of relationships, build business opportunities"

Mike O'Neill
Associate Member Committee
Past Chair

goodwill since their committee inception just five years ago!

"Leadership is not about titles, positions, or flow charts. It is about one life influencing another" John C. Maxwell

Nikki Laskin
Associate Member Committee
Past Chair



All members are welcome to join their volunteer committee at any time throughout the year. Becoming an active member

increases each associate member's value through the investment of time, resulting in visibility, relationships and new business. The positive impact is translated throughout the MCA Hamilton network by way of

fundraising support to our Student Chapter, MCAH ECAH Golf Tourney, hosting the Annual Pub Night sponsored by Dew Point Insulation Systems sponsored and Flocor, along with the Annual General Meeting President's Reception and Trade Show. Complimentary Associate Member Plus Education Sessions empowered members and industry affiliates at the Grant Thornton "Construction Fraud - Understand It, Prevent It, Detect It" and Schooley Mitchell "Mobile Solutions in the Field: Value vs. Function". Associate Member Committee Executive Announced



(Photo Left to Right Front Row): Dennis Costello - Chair, Nikki Laskin - Immediate Past Chair (Photo Left to Right Back Row): Douglas Cormier - MCAH Director, Rudy Vervae, Phil Mostert -



Treasurer, Mike O'Neill, Patti Baillie. Additional Members: Henry Hildebrandt, George Furness, Wanda Heimbecker - MCA Hamilton Representatives, Wayne Branchaud, and Bill DeHal.



ANNUAL CHARITY GOLF TOURNEY - *Fulfills Christmas Wishes & Health Support*



In partnership with the Electrical Construction Association of Hamilton, MCAH members swing on the greens in support of charity each year. In 2015 a total donation of \$3,883.06 was raised for ECAH's charity, the CHML Y108 Christmas Tree of Hope! Last year's tourney chair, and MCAH's Vice-President, Anthony DeChellis featured with Neale Parker of the Hamilton Health Sciences Foundation receives a gift of \$2,653.37 in support of local healthcare services. Each year, proceeds are raised from tourney admissions, sponsorship, a 50/50 draw and a Cadillac Escalade Powercart Draw.

As this year's special edition newsletter pays special tribute to association activities and the supportive companies and members making news, our sincerest THANK YOU to our HOLE Sponsors, Golfers and Committee Volunteer Members and Tourney Helpers! Meet our members www.mcahamilton.org/directory.php and www.ecahamilton.ca/Member%20page.html

Congratulations To Our Best Action Shots & Our Tourney Winners!



BUSINESS WITHOUT BORDERS NETWORK - Events & Relationships That Work

SYNERGY meets style at our **50th Anniversary** Celebration. We rolled out the red carpet for our “Royal Affair” themed retreat at the Sherwood Inn on Lake Joseph in Port Carling Muskoka where our special edition pictorial showcases fond memories lasting a lifetime! Our members truly welcome events offering a creative flavor, a departure from the day to day career sacrifices and commitment to life long learning. Team building is carefully

crafted to unite members through light-hearted amusement. MCAH’s extensive international “business without borders” network connects members to annual conferences hosted by MCA Ontario, MCA Canada and MCA America. MCA Canada’s general meeting and conference, themed “New Found Opportunities” took place from September 24 - 27 in St. John’s, Newfoundland. Embracing customary traditions, of course MCA

Hamilton President, Jason Campbell’s signature style, without hesitation, had him take his leadership role to heart as he was first to demonstrate the customary “Screech – in” tradition to ensure members followed suit. Free social networking events are a must attend, as the annual **Pub Night** and **Student Chapter Industry “Meet & Greet” Night** connect members through mentorship and fellowship. The **Annual General Meeting and Trade Show** provides a formal business forum for industry discussions with honorable mentions to this year’s past Trade Show exhibitors the **Mercedes – Benz Burlington, Associate Committee, Flocor, Aon Risk Solutions, CCTF Corporation and It Works Promotions.**

If you’re making a list and checking it twice, MCAH’s seasonal **Christmas Party** invites industry affiliates and spouses to a lighter social side, offering hospitality as we give thanks for the passing year, business opportunities, colleagues, friends and family.



INDUSTRY PARTNERSHIPS - *Staying Inspired, Entertaining Speakers & Surprises*

EVERY event is planned to capture your interest, imagination and of course motivate members to excellence! Employing industry experts, delivering powerful persuasive messages and exercises to reinforce teambuilding, and feeling of frivolity reduce barriers while incorporating a showcase of hospitality to reinforce our continued support of local economic development. Creating our membership culture and community through unique venues strengthens our signature style. Join us, new members are always welcome!



THE WEATHER AND OTHER THINGS I CONTROL After MCAH's 50th celebration at Sherwood Inn at the beginning of the summer, I was invited to add a quip or two to an upcoming newsletter. Now that it's late Fall, what better topic to include than Change... Fall typically arrives in fits and starts. It might be hot one day and cold the next, but then heat up again. That happens every year. But twice this week I wondered almost seriously - am I part of that equation?



The last couple of talks I gave were on beautiful, hot and humid summer days – at least when I arrived at the conference. Within a few hours, by the time I finished the session, the temperature had dropped 10 degrees and I walked out into cold rain. I'm starting to get a complex. Is it something I said or did? Do overhead projectors bring about climate change? It got me thinking about how there are some things in life that we can control (our attitude, our interactions, our preparedness, etc,) and others things we can't (like the weather).

If there is one thing that helps reduce stress and focus energies, its understanding what one can control and what one can't. With so many things demanding our attention, focussing on one or three of the most important items can make us calmer and more effective. In this season of change, how about making a choice to focus on one thing that you can control to make the biggest positive impact. And remember to reduce your stress and let go of trying to control those things you can't. Sign up for more of Paul's business / life / wellness articles in his newsletter – **Paul Huschilt's Expect Everything** - at his website: www.paulhuschilt.com/



THANK YOU TRADE SHOW PARTNERS

THANK YOU EVENT SPONSORS & PRIZE DONORS



MCA Hamilton EVENT CALENDAR - *Make A Plan!*

January 21st 2016 Student Chapter Contractor Meet & Greet and Student Resumes, Great Hall, The University Club of McMaster
 February 26th & 27th 2016: Student Chapter Canadian Summit, Toronto
 March 14th - 17th 2016: Manager's Winter Meetings Orlando, Florida
 Spring 2016 & Fall 2016: Student Chapter Site Tours
 Spring & Fall 2016 - 2016: MCAH Education Programs & Subsidy Announcements
 Spring & Fall 2016: FREE Member Plus Education Seminars - 1st & 3rd Friday or Thursday of Each Month
 April 10th - 17th 2016 : MCAO Annual General Meeting/Conference, Rose Hall, Jamaica
 May 12th 2016: MCAH Annual General Meeting & Trade Show, Liuna Station, King George Room
 June 21st 2016: MCAH & ECAH 19th Annual Golf Tourney, Copetown Woods
 August 2016: 22th Annual Scholarship Awards
 October 20th 2016: MCAH 8th Annual Pub Night, Hamilton



MCAH CHRISTMAS PARTY!

"Let It Go & Let It Snow — Win A Victorian Sleigh Ride & Dinner Adventure"

Thursday, December 3, 2015

SHERATON Hamilton Hotel, Grand Ballroom 116 King Street West Hamilton

Cocktails 6:30 pm Dinner 7:15 pm

Spouses Welcome! Attire: Formal/Semi-Formal/Business



Join us for a fun night of delicious food, great company, entertainment!
STAY & PLAY! Overnight Guests Receive Our Preferred MCAH Member's Discount!

CORPORATE TABLES - SPECIAL INCENTIVES & GIFTS!

MAKE THE MCAH CHRISTMAS PARTY YOUR OWN COMPANY CELEBRATION

- Company name on table • Company name in program • Company name recognition at the podium • Company name listed in our newsletter • Extra Prize Draw Ticket Per Guest • And a special 'Thank You Gift' at each place setting

THANK YOU 2014 & 2015 CHRISTMAS PARTY CORPORATE TABLE & SPONSORS!

Aon Reed Stenhouse Inc. / Flocor / UA Local 67 / Evergreen Hill Farm / Modern Niagara Toronto Inc.
 MCAH Associate Member Committee / Sheraton Hamilton Hotel / Burning Kiln Winery / Villa Nova Winery

BECOME A MCAH VOLUNTEER Or SPONSOR!

Flexible Time Commitment
 Build Valuable Relationships
 Company Recognition
 Share Your Expertise

THE MECHANICAL BRAG

Promoting Unionized Mechanical Contracting
Proud to serve ...
 Greater Hamilton, Halton, Brant
 Haldimand and Norfolk Counties

Mechanical Mechanical Contractors Association Hamilton, 370 York Boulevard Suite 105, Hamilton, ON L8R 3L1
 Tel: (905) 522-1965 Fax: (905) 522-2608 E: manager@mcahamilton.org www.mcahamilton.org

