

# THE MECHANICAL BRAG

## PRESIDENT'S MESSAGE



2011-2014 MCAH President

Welcome to another edition of MCAH news! We have much to offer as you read through the various articles which provide a deeper glimpse into how your association has been working for you to maintain market share, fair wage settlements, provide and assist with financing educational opportunities, social networking events and more. It has been a busy time and I encourage you to read the detailed articles in hope that they will provide you with feedback on your active association and further entice you to become engaged.

September kicked off with the MCAH McMaster University Student Chapter team forming under the guidance of our faculty liaison, Dr. Stephen Veldhuis, and they are now well underway to participate in the annual Mechanical Contractors Association of America student chapter proposal competition. Recently, the Associate Member Committee held their "Annual Pub Night" where students presented this year's project to our membership. The challenging project is within the food grade industry and involves renovating an existing operating facility complete with installing owner supplied equipment, utilities and controls to manufacture protein powder. It was a great evening of networking and meeting some of our industries future construction ready students! We wish them every success with their new project and a hearty thank you to our Associate Member Committee for sponsoring the event.

2013 marks the final year of MCAH sponsorship towards the McMaster University Heavy Construction Chair endowment. This program will also provide our industry with high caliber students who are construction job ready. We are proud to say that Dr. Saiedeh Razavi, program chair, continues to collaborate with the MCAH membership through several lecture series opportunities supported by our contractor members.

In January, 2013 MCAH hosted the Dr. Hanna Productivity course to a capacity membership audience. Our Associate Member Committee companies continue to provide valuable, informative and cost-effective "Free" training sessions to our membership! Please watch our newsletter and emails for upcoming events planned throughout the remainder of 2013 & into 2014. Our industry partners offered several "Mark Breslin" events in April and September of this year to the general UA Local 67 and membership companies, with the most recent September 24th event focusing on "Positive Change". With consideration to the ongoing UA amalgamations, the event was timely, well presented and certainly kept the audience engaged! Our MCAH commitment to the annual scholarship program offered to member company employee students continued in 2013. The August 15<sup>th</sup> event this year was held at Construction House to a capacity crowd of recipients, parents and family members. The judging for the 20 scholarship recipients was arduous, as your students demonstrated remarkable achievements with their grade averages, community involvement and leadership. Once again, congratulations to all this years' recipients!

As expected, there are many ongoing issues and initiatives within our industry and 2013 has shaped up to be no exception. Prompt payment (Bill 69) changes are moving forward with MCAC continuing to stay close to the issue, assisting the National Trade Coalition of Canada whenever possible and promoting Bill 69, the Prompt Payment Act is an important issue for the contracting and Building Trades community. It appears the Bill has all parties' support. Bill 69 passed second reading in May and was referred to the Standing Committee on Regulations and Private Bills. Other interesting and noteworthy items of legislation worth monitoring as they impact unionized agreements, governance, reporting and privacy include, Bill 74 and Bill 377.

The Ontario College of Trades membership is "optional for employers of skilled tradespersons". However, the College strongly encourages all eligible individuals and businesses to become active members based on the view that success and ability to respond to the needs of the skilled trades sector depends on all voices being heard.

Our local 2013 man-hours remain strong, with the remainder of the province exhibiting spikes and lows in the various regions of Sarnia, Niagara, Sudbury, Ste. Marie and Thunder Bay. While construction employment growth remains strong in Ontario, we need to uniformly stay focused and advocate for jobs and market share that will provide a source of sustainable income in our local and outlying communities. With the strength of our membership, associate membership and industry partners, our collective voices will be heard. Participate whenever you can. I wish you all prosperity and success with all your endeavors.

Thank you to all MCAH directors for your dedication to this association and to Manager Wanda Heimbecker who continues to proactively communicate updates and association initiatives. Feel free to contact us at any time.

President, MCAH



## LEADERSHIP APPOINTMENTS ANNOUNCED 2013 - 2014 BOARD OF DIRECTORS



(Photo Front Row Left to Right): Immediate Past President - Paul Shewfelt Modern Niagara Toronto Inc., Vice-President - Jason Campbell Aecon Energy, a division of Aecon Construction Group Inc., President - Lorraine Waller Kvaerner North American Construction Ltd., Treasurer - Mike DiLallo Alberici Constructors Ltd. (at the time of election) (Back Row Left to Right): George Furness Geonis Mech. Contracting Ltd., Henry Hildebrandt The State Group Inc., Anthony DeChellis E.S. Fox Ltd., and Doug Cormier BML Multitrades Group.

The Mechanical Contractors Association Hamilton (MCAH) is pleased to announce their 2013 - 2014 board of directors. As a not for profit organization entering its 48<sup>th</sup> year of operation, MCAH represents Mechanical Construction industry employers in the south central Ontario region, proudly serving Hamilton, Halton, Brant, Haldimand and Norfolk Counties.

Founded in 1966 as an accredited bargaining agency with the Ontario Labour Relations Board, the Mechanical Contractors Association Hamilton provides support to establish, co-ordinate, and develop policies and programs which are local in nature, while reinforcing the highest industry standards for mechanical contractors and their suppliers. Annual membership services provide members with innovative industry education, the promotion of construction leadership excellence, community partnerships and economic development reinvestment.

As the first MCAH female President and a role model for many women in the construction trades, President Lorraine Waller, Estimating Manager with Kvaerner

North American Construction Ltd. returns for her third consecutive term. She is the second female to hold the President's seat within MCA Ontario and MCA Canada. *"Reflecting upon our 2012 undertakings since our last Annual General Meeting, I am pleased to report your board and knowledgeable committee volunteers has been actively engaged to provide service to 19 industry committees in federal and provincial policy, legislation, labour relations, education, health and safety, succession planning, apprentice and journeyman intake, market-share forecasting and analysis, economic development, industry promotions and supporting the reinvestment of goodwill within the communities we serve."*

The leadership of the board of directors governs the following association services:

- Education Programs and support through the Canadian Mechanical Contractors Education Foundation
- Training and Apprenticeship Programs
- Member Scholarships
- Support for the McMaster University Heavy Construction Chair and Student Chapter
- Government Liaison, Community Support and Economic Development Partnerships
- Member Social Networking Opportunities and Engagement

MCA Hamilton membership also provides valuable connections to Provincial, National and International associations through MCA Ontario, MCA Canada and MCA America.



## MCAH CHARITY OF CHOICE - *Your Generosity in Action at Hamilton Health Sciences*

The hard working members of the Mechanical Contractors Association Hamilton and United Association 67 Plumbers, Steamfitters and Welders have every reason to be proud of the contribution they have made to enhancing health care services in our community.

Since establishing Hamilton Health Sciences Foundation as your charity of choice in July, 2012, and making a multi-year pledge of \$275,000, your generous support has enabled the purchase of priority medical equipment, furnishings and other amenities to enhance patient care across Hamilton Health Sciences family of hospitals and cancer centre.

Here is a brief overview of how your transformational gift is making a difference in the lives of patients at Hamilton Health Sciences:

The second Magnetic Resonance Imaging (MRI) scanner is now in place at Hamilton General Hospital. Since its installation, there has been a dramatic increase in the number of scans performed and a significant decrease in wait times.



Special fold-up chairs are in the process of being installed in the corridors at St. Peter's Hospital. These chairs will be attached to the walls and can be easily pulled down so that patients in need of a rest can sit comfortably until they are ready to continue their journey.

The campaign for the CIBC Breast Assessment Centre at Juravinski Hospital and Cancer Centre is now extremely close to the \$5-million goal. The Breast Assessment Centre will streamline breast cancer screening, diagnosis and treatment for patients in south-central Ontario. The official opening is estimated for Spring 2014.

A chair glide, which enables patients in wheelchairs to remain in their chairs as they undergo their examination, was installed in the Hogarth Family and Pioneer Energy Ophthalmology Centre at McMaster Children's Hospital. The Centre opened on April 18, 2013, and is home to south-central Ontario's only neonatal ophthalmology screening program and pediatric retinal surgeon. As a leading teaching hospital, McMaster Children's Hospital also offers the region's only pediatric ophthalmology training programs for new doctors.



"We deeply appreciate the commitment that members of the Mechanical Contractors Association and United Association 67 Plumbers, Steamfitters and Welders have made to ensuring that people in our region have access to the very best health care services," says Pearl Veenema, President and CEO of Hamilton Health Sciences Foundation. "The government does not fund the purchase of medical equipment, so your support is crucial."

For more information about Hamilton Health Sciences Foundation, visit [www.hamiltonhealth.ca](http://www.hamiltonhealth.ca).

Members who wish to make a personal contribution to help support patient care at one of Hamilton Health Sciences family of hospitals and cancer centre can do so by logging on to [www.mcahamilton.org](http://www.mcahamilton.org) and clicking on the "Donate Now" button.

### What Makes Hamilton Health Sciences Unique?

- Largest neonatal intensive care unit in Ontario at McMaster Children's
- Largest palliative care program in Canada at St. Peter's
- Leading research hospital in Canada and Seventh in the World
- Second largest hospital corporation in Ontario
- Largest integrated stroke program in Ontario at Hamilton General
- Second largest trauma and burn programs in Ontario at Hamilton General
- Second largest hepatobiliary surgery program in Ontario at Juravinski Hospital
- The first Cyberknife Radiation Treatment program in Ontario at Juravinski Cancer Centre
- Provincial leader in treatment for Acquired Brain Injury



# BUSINESS EVENTS BUILD NEW RELATIONSHIPS AND FELLOWSHIP

Our association culture continues to thrive by reinforcing the highest ethical standards and practices while engaging members to attend annual events. Business without borders occurs at all venues through MCA's extensive international network consisting of MCA Ontario, MCA Canada and MCA America. Each year, our local events solidify membership value at Pub Night, MCAH Student Chapter Contractor Meet & Greet, MCA Hamilton Annual General Meeting & Associate Member Trade Show and our member's Christmas Party. ***Make a plan and attend to maximize your membership!***



Management Group of Raymond James Ltd., and Levitt Safety | EHS Training & Consulting Services.

Associate Members showcase their goodwill by contributing 50% of revenue generated at their Annual Pub Night 50/50 Draw and Annual General Meeting Trade Show to our MCAH McMaster University Student Chapter. The Annual Christmas Party 50/50 Draw also boosts donations and revenue proceeds back to our future generation of industry leaders! Thank you 2012 and 2013 Pub Night Sponsors **Stepright Capital Planning Inc., Levitt Safety | EHS Training & Consulting Services and Dew Point Insulation!**



Student Chapter mentoring involves the entire network of contractors, past presidents and our industry suppliers. Whether it be our **Competition Team** preparing their project, leadership development through podium programming at events and monthly committee meetings, or exploring business development opportunities at the **Meet & Greet** and student resume distribution to employer members.



# MCMaster UNIVERSITY SUCCESSION PLANNING - *Reaching New Heights!*

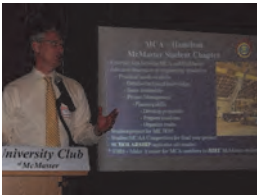
2013 marked the third successful year for the **McMaster University Committee** assembled to govern the \$125,000 endowment gift to the McMaster University Heavy Construction Chair and assist in the management of the MCAH McMaster University Student Chapter partially funded by our association. Again, significant growth and notable accomplishments were achieved due to the commitment of faculty, students and dedicated volunteers!



Under the supervision of Professor Saiedeh Razavi, the inaugural chair in Heavy Construction at McMaster University received their last installment gift this year. MCA Hamilton remains an active participant on their advisory board which consists of a consortium of construction-related associations, construction and manufacturing companies and the Government of Ontario, spearheaded by The Hamilton & District Heavy Construction Association. The Heavy Construction Internship (HCI) program was launched this year, in conjunction with an Industry Night and resume distribution modeled after our MCA Hamilton McMaster Student Chapter. For program information visit <http://www.eng.mcmaster.ca/civil/facultypages/razavi.htm> Our member contractors continue to lend lecture and programming support – kudos to Modern Niagara Toronto Inc. and Alberici Constructors Ltd.!



Outstanding leadership of our MCA Hamilton McMaster Student Chapter Faculty Liaison, Stephen C. Veldhuis Ph.D., P.Eng., Associate Professor and Director at McMaster Manufacturing Research Institute (MMRI) introduced our 2012 -13 Student Chapter Co-Presidents Simon Edwards and Daniel Guidon. Members of their Competition Team included - **Simon Edwards** *Project Executive*, **Richard Aranha** *Service and Maintenance Manager*, **Daniel Guidoni** *Project Manager*, **Marco Capobianco** *Superintendent/Safety Coordinator* and **David Koncan** *Chief Estimator*. The Project: Construction and mechanical systems design in the NASA Space Exploration Building in Cape Canaveral, Florida. The design work included Value Engineering suggestions for both HVAC and plumbing systems, in order to surpass a LEED Platinum certification and pursue Cradle to Cradle solutions. A finalized construction schedule was also required for all mechanical works, including construction and purchasing costs. In 2011, our team placed 6<sup>th</sup> out of 27 teams, awarding us a top 10 acknowledgement in America, with a repeat top 10 acknowledgement in 2012, placing 8<sup>th</sup> out of 25 teams! In partnership with the Hamilton-Wentworth District School Board, Lake Avenue School welcomed the return of the community outreach team which continues to inspired their students as they career plan. Thank you to Dew Point Insulations, Alberici Constructors, Ltd. and Modern Niagara Toronto Inc. for organizing site tours to Union Station, Maple Leaf Foods, St. Joseph's West Fifth Hospital and Hamilton Water Works.



**Making News!** 2013 MCAA Student Chapter Summit Was a Hit! More than 200 attended in Memphis, TN. Hamilton to host Canada's 1st Annual Canadian Student Chapter Summit in 2014 Sponsor MCA Ontario! **SPORTS PROTEIN INC.** 2013 - 2014 Competition Team Project: A bid for the construction of a pilot plant for the



development of a new sports protein product. The plant is to be constructed in an unused warehouse of an existing (and active) food production facility in the suburbs of Chicago, Illinois. The allotted project time is 6 months. **GO TEAM HAMILTON!**

**THANK YOU STUDENT CHAPTER DONORS!**

**Introducing our 2013 - 14 Student Chapter Executive and Competition Team!**  
 (Left to Right): **Jason Campbell** – MCAH Director, **Dr. Stephen Veldhuis** – Faculty Liaison, **Matthew Pinder** Student Chapter President, **Matthew Cavdar** Commerce, **Nada Hosni** Chemical Engineering and Management, **Nicole Stoangi** Mechanical Engineering and Management, **Brian Cheung** Mechanical, **Myron Vaz** Civil Engineering and Management. (Left Photo:) Lorraine Waller - MCAH President, Matthew Pinder and Paul Shewfelt - MCAH Director/Committee Chairman



*Design. Build. Service.*



**The State Group Inc.**

**MCAH Associate Member Committee**

Visit the **MCAH McMaster University Student Chapter website:**

<http://mcah.mcmaster.ca> or <http://www.mcahamilton.org/chapters.html>



## GROWING MIGHTY OAKS!

The **Local MIAC & Labour Relations Committee** innovations continue to expand noting new representation with the Hamilton Halton Construction Association Labour Relations Committee, Fair Wage Municipal Reviews, and Ontario Construction Secretariat Local Tripartite Committee. Recent years have seen industry collaborations with UA Canada, UA Local 67, MCAO and MCAC and their subcommittees, engagement is now affecting the way we do business through the development of Prompt Payment Legislation, market share analysis and programming implementation, succession planning and the introduction of industry experts and public forums.

Mark Breslin is a strategist and author of several books, including *Survival of the Fittest*, *Alpha Dog: Leading, Managing & Motivating in the Construction Industry* and, *most recently*, *The Five Minute Foreman: Mastering the People Side of Construction* [www.breslin.biz](http://www.breslin.biz) (Left to Right): MCAH Director George Furness/Committee Chairman, Strategist/Author Mark Breslin and UA Local 67 Business Manager, Mark Ellerker continue to drive positive change through regular meetings and membership forums addressing our changing times and the new face of unionized construction.



In an excerpt from Mark Breslin's Growing Mighty Oaks! article... "Union workers in the construction industry are focusing on a broader understanding of the industry as a whole and their role within it. They understand the work – they know how to use the tools and understand the importance of getting the job done. When it comes to developing apprentices and new craft workers, our industry has traditionally focused on teaching and training skills. In fact, the brand identity for union workers is "highly skilled" and now the *knowledge* is being addressed. In a competitive economy and industry that is rapidly evolving, knowledge is as important as skills. What kinds of knowledge do we need to continue to provide to grow mighty oaks over the years of their development?"

Every apprentice and journeyman in the U.S. and Canada will need to continue to rebuild their focus on the following key components:

**Market Share:** Explain what it is, why it matters, and how it affects the union construction industry. Emphasize how market share impacts the individual union member and what needs to be done to ensure unionized labour.

**What's important to the Owner?** Help the entire team understand the wants and needs of the construction owner – be the government, private owner, industrial, commercial or private sector. In the end everyone is working for the owner, reinforcing a unified team approach.

**Why Union?** Accountability and reputation. Define the union value proposition and the promises we are making to the market. Explore the consequences of what happens when we fail to deliver on those promises. Make sure each worker understands they are personally responsible for the success of every job they work on.

**Finances:** What is the total cost of a union journeyman (fully loaded)? What is the delta between union and non-union labor costs? What are the average post-tax margins for contractors in the construction business? How do the "little things" add up to decrease margins?

**Clients:** Where does work come from? How do contractors bid on and procure new work? What do clients expect? Why do clients choose unionized workers? Why might they pick the competition? Why are quality and schedules so important?

**Leadership:** What are the key business skills contractors need and want in both current and future leaders? How do apprentices and journeymen obtain these skills to fulfill their future leadership potential?

**Succession and Knowledge Transfer:** How does generational change in the business impact workers personally? How might this change impact pensions? Why is mentoring so critical, both now and in the future?

**Change:** Emphasize the inevitability and necessity of adaptive change at an organizational, professional and personal level to remain competitive and relevant in today's world.

And these are just the start. Many think that being in the trades is only about hard work, determination and grit – and in a sense, they're right. I am a fourth-generation construction guy, and I know those qualities are absolutely essential to success on the jobsite. But we cannot ignore the fact that the hands that perform the work always follow the head and the heart."

## APPRENTICE TRAINING ESTABLISHES NEW BENCHMARKS - TTA Grand Opening!



In April 2013 a new chapter of industry training was introduced in Brantford, Ontario as a result of the UA 67 Technical Trades Academy (TTA) Grand Opening, Open House and UA Canada Central Regional Apprenticeship Competition. Dignitaries, contractors, students, industry suppliers, facilitators and partners had an opportunity to tour the 33,000 sq. ft. training facility where instructors and staff have worked diligently to provide JATC managed apprentices with "state-of-the-art hands on" skills training. Points of interest you may not be aware of include the significant investment made to the development of Pre-apprentices Training Skills before beginning their apprenticeship, hands on skills set training, the 1<sup>st</sup> Year Apprentice Plumbers are able to complete residential rough-in plumbing within 3 to 4 months of beginning their apprenticeship training; a proactive approach to preparing our Apprentice Plumbers to use their residential plumbing knowledge as a stepping stone to commercial and institutional plumbing; many of our Apprentice Welders have also participated in our Pre-Apprenticeship Program. Once they complete that program they are immediately enrolled into 10 weeks of Level 1 Trade School and UA Training at night school. At the present time, completing the boiler and steam P.R.V. stations are underway in which new skills sets will be factored into the Apprentice Steamfitter training modules. Future plans also include a new gas lab. *Integration and education!*



## MCAH MEMBER DISCOUNTS - Saving You Money Locally & Nationally!

**BIG \$ SAVINGS** - This program is designed to save companies money, build new business relationships while increasing MCAH membership benefits. ALL MCAH members can now receive a preferred rate, exclusive discount or one time introductory offer on Associate Member services.

MEMBER DISCOUNT	COMPANY	DESCRIPTION	CONTACT PERSON	PHONE
Preferred Member Rates / Extended Coverage	Aon Reed Stenhouse Inc.	General liability, auto-mobile, property, risk and criminal protection, surety/bonding and more.	Doug Baird or Nikki Laskin	D: 905 515 1609 N: 905-527-1236
Wholesale Pricing / No Artwork or Setup Fees	IT Works Promotions	Promotional Items	Bill Dehal	905-928-4802
Multi – Discounts Available	Federated Insurance	Business & Personal	Mauro Di Tullio	1-800-361-0790
15% Discount – First Order	Minuteman Press Hamilton	Printing Services	Justin Bester	905-523-4419
Multi – Employer Rates for Small/Mid-Sized Firms	Wellington At Work Inc.	Training Services	Kelly Liddell	905-529-7272
15% Discount – First Order	The Printing House Limited	Printing Services	* Contact MCA Hamilton	905-522-1965
Preferred MCAH Member Rates Available	J.H. Young & Sons Ltd.	Jewelry & Corporate Gifts	* Contact MCA Hamilton	905-522-1965
15% Discount on ALL Training Courses	Levitt Training & Consulting I EHS Training & Consulting Services	Conducted at member offices within MCAH boundaries	Michael Douglas	1- 800-268-6196 ext. 3518
15% Discount on ALL On-Line Training Asbestos Awareness, Electrical Safety, Radiation Safety, TDG, WHMIS, Workplace H & S Committees, Bloodborne Pathogens, Health, Safety & Law, Workplace Housekeeping, Canada Labour Code, Lockout/Tagout, Workplace Inspections, Driver Safety, Workplace Hazards, Workplace Investigations	Levitt Training & Consulting I EHS Training & Consulting Services	Instructors, Debi Dion / JP Lemieux a		
15% Discount on Fire Extinguisher Training Simulator				
6-20% on booking Superior Guestrooms Online Corporate Account Number 209214	Sheraton Hamilton Hotel	Hotel Rooms	Erin Cowan reservations@sheratonhamilton.com	Mon-Fri 9am-5pm 905-317-4534  24Hrs 1-888-627-8161



## MCAH MEMBER DISCOUNTS - Saving You Money Locally & Nationally!

<p>15% Hotel Discount – 16 Comfort Inn’s &amp; Quality Suites in South Western Ontario. To book individual reservations please call 1-800-424-6423 or visit <a href="http://www.choicehotels.ca">www.choicehotels.ca</a></p>	<p>Westmont Hospitality – Corporate and Crew Accommodations</p>	<p>To book crew stays please contact Keri Walker. Westmont Hospitality over 160 hotels across Canada. <a href="http://www.investreithotels.com">www.investreithotels.com</a></p>	<p>Keri Walker, Regional Director of Sales, <a href="mailto:keri.walker@whg.com">keri.walker@whg.com</a></p>	<p>289-895-9384</p>
<p>MCAH Members ONLY ! Starting at only \$50 a month, MCAH members can now access a team of experienced HR professionals, reduce employee-related risks and save on high legal fees</p>	<p>vpi Inc.</p>	<p>HR Assurance Plan tailored for MCAH members to access Human Resources support</p>	<p>Neil Curtis <a href="mailto:NeilCurtis@vpi-inc.com">NeilCurtis@vpi-inc.com</a></p>	<p>1-855-366-4851</p>



**EXTRA, EXTRA!**

### BRAGGING RIGHTS!

#### Welcome New Contractor Members

Forrest Mechanical Inc.  
Keith’s Plumbing

#### Welcome New Associate Members

CCFT Corporation  
Janjua Dehal Wealth Management Group of  
Raymond James Ltd.  
Flocor

### Golf Tourney “Best” ACTION SHOTS!



LOOK REAL COOL WHILE HELPING OUR STUDENT CHAPTER

### MEMBER NEWS! It’s your turn to BRAG!

Our retirement congratulations and best wishes to **Allan Agnew** owner of **S.N. Agnew Mechanical Ltd.!** MCAH Members are staying safe and turning industry heads at the **HHCA Health and Safety Achievement Awards**, winners deserve our applause as **Aecon Industrial, Kvaerner North American Construction Ltd., Comstock Canada Ltd., E.S. Fox Limited, Alberici Constructors Ltd., McGowan Insulations, and Geonis Mech. Contracting Ltd.** were recognized with prestigious awards! On the move... **Aon Reed Stenhouse Inc.** relocated to their new office located at 5500 North Service Road, Suite 402 Burlington, ON L7L 6W6.

RETAIL COST \$40.00<sup>+HST</sup>

(\$35.00 Shirt Cost + \$5.00 Student Chapter Donation)

All Proceeds Directed to support  
MCAH Student Chapter Education Programming  
**“Our next generation, the best and brightest”**

GREAT GIFT

LADIES & MENS SIZES



BULK ORDERS AVAILABLE





## 19th ANNUAL STUDENT SCHOLARSHIP AWARDS EXCEEDS \$364,000.00



**(Photo: Many of the 2013 MCAH scholarship recipients proudly pose with MCAH President Lorraine Waller (far left), and Education Committee Chairman Mike DiLallo (far right).**

The results are in as the 19<sup>th</sup> Annual Mechanical Contractors Association of Hamilton (MCAH) Scholarship Awards Ceremony, serving local area unionized contractor employer member companies in Hamilton, Halton, Haldimand, Brant, and Norfolk Counties was held earlier this month.

Twenty \$1,000.00 scholarships were awarded to extraordinary students, children of salaried employees of local area contractor employers. Recipients are students either entering or currently enrolled in universities or colleges across Canada who maintained an exceptional grade average, established an outstanding commitment to their community through volunteerism, leadership development and demonstrated superior interest in the mechanical contracting industry or their chosen field of study. The MCA Hamilton McMaster Student Chapter \$1,000 Scholarship was also awarded at this ceremony.

*"I speak on behalf of all the MCAH board of directors when I say that this is an event we look forward to each summer as it gives the MCAH great pride in contributing to your futures and our member company employees in the form of these scholarships. You are progressive, optimistic thinkers, who know how to challenge yourselves and have the results to prove it. These awards are yet another testament to your discipline and determination,"* MCAH

President Lorraine Waller shares. Each year the Scholarship Selection Committee has the difficult task of selecting only 20 outstanding students to receive this prestigious scholarship award. In addition, one special scholarship is also awarded on the behalf of our MCAH McMaster Student Chapter. This year's Scholarship Selection Committee stepping up to the challenge included; Director/Education Committee Chairman Mike DiLallo, MCAH Director/Immediate Past President Paul Shewfelt, Honourary Life Member Ron Marcotte, Robert Frasca, MCAH Director Anthony DeChellis, MCAH Director Henry Hildebrandt and Rocco DiGiovanni. Since the program's inception in 1995, managed by the MCAH Education Committee, contractor employer membership dues have funded over \$364,000.00 in awarded scholarships.

***Congratulations to this year's recipients!***

2013 Scholarship Recipient	College or University	MCAH Member Company
Taylor Paige Cimek	Brock University	E.S. Fox Ltd.
Jacqueline Delconte	Sheridan College	Kvaerner North American Construction Ltd.
Ryan Gibson	University of Waterloo	Aecon Industrial
Kailee Hopkins	Nipissing University	Black & McDonald Ltd.
Maxwell Howard	Cambrian College	E.S. Fox Ltd.
Jacob Hubbs	University of Waterloo	Songer Canada
Marian Ibrahim	Massachusetts College of Pharmacy	Kvaerner North American Construction Ltd.
Connor Irwin	University of Ontario Institute of Technology	E.S. Fox Ltd.
Carly Jardine	Guelph University	Aecon Industrial
Dylan Johnston	Brock University	Alberici Constructors Ltd.
Kelly Kolapak	University of Western Ontario	Lockerbie Hole Eastern Inc.
Sarah Marion	Queens University	Alberici Constructors Ltd.
Jennifer Mertz	University of Guelph	Alberici Constructors Ltd.
Christopher Saliba	Queens University	Aecon Industrial
Alana Sharpe	Fanshawe College	E.S. Fox Ltd.
David Sharpe	Fanshawe College	E.S. Fox Ltd.
Alexis Westerhof	Mohawk College	E.S. Fox Ltd.
Courtney Westerhof	Sheridan College	E.S. Fox Ltd.
Qiwei Yang	University of Toronto	Aecon Industrial
Emily Zawadzki	University of Waterloo	Trade Mark Industrial Inc.
Nicole Stoangi	McMaster University	MCAH McMaster Student Chapter



## MCAH MEMBER & INDUSTRY NEWS - *It's Your Turn To Brag!*



Did you know, 2015 mark's the MCAH Association's 50th Anniversary! Planning is already underway as our "GENTLEMEN OF DISTINCTION" met for an early strategy session. All Past Presidents are invited to participate which include: **William Corp, Mike Holm, Ron Marcotte, Ken Niepage, Bill Patterson, Ron Peach, Doug Jago, George Megarry, Don Stewart, Jim Allison, Dominic Fazio, Doug Cormier, Paul Shewfelt, George Furness, David Crawford, and Roger McNutt.** **BDO CANADA'S REAL ESTATE AND CONSTRUCTION TEAM WELCOMES A NEW MEMBER!** The Real Estate and Construction/Contracting (REC) industry has been BDO's main industry sector for many of their 106 offices across Canada for almost 90 years. In particular, the Burlington office of BDO has a diverse team of accounting, tax and advisory experts that serve a very large base of clients in this industry. The Burlington REC team is pleased to welcome **Shaun Power**, Tax Partner. Shaun has 17 years experience in effective, proactive tax planning in the areas of corporate reorganizations, Scientific Research and Experimental Development credits, estate planning and trusts, and partnerships. The Burlington office is proud that



Shaun has joined our REC team to add extra support to our clients as well as our fellow members of the local construction and contracting associations; namely, MCAH, HHCA and HHHBA. The **CMCEF Golf Tourney** raised \$23,000 this year with proceeds directed to support their innovative industry specific education programming and scholarships! Make sure to mark Wednesday, July 9<sup>th</sup> 2014 in your calendar s for next year's tourney. Don't forget about our **Risk Management Program**, as the **Hamilton Sheraton Hotel** offers MCAH Members a preferred members rate not only for our Christmas Party but year-round! Support our **Student Chapter Annual 50/50 Fundraisers Draws** at our **Pub Night, Annual Christmas Party** and **Annual General Meeting**. Our Student Chapter Faculty Liaison, **Dr. Stephen Veldhuis** and **Student Chapter** representatives recently attended the **MCA America Student Chapter Summit** again this fall. Make sure to introduce yourself to our Student Chapter Executive and Competition Team at your



next MCAH event! As MCAH's newest **Member Discount** provider, **vpi** is excited to announce their unique **HR Assurance Plan** tailored for MCAH members to access Human Resources support. Their team of professionals can help you with your people management issues and enable you to focus on your business! The Program is uniquely designed with MCAH members in mind. MCAH members can now access a team of experienced

HR professionals, reduce employee-related risks and save on high legal fees. If your business is experiencing absenteeism issues, needing advice on managing employee performance or facing difficulty finding top talent in your industry, feel free to contact the **vpi** HR Solutions team at 1-855-366-4851. As a private business owner and entrepreneur, **MCAH Manager, Wanda Heimbecker** and her family recently received a prestigious National Business Development & Communication Award at the 2013 Canadian and International Garden Tourism Awards held in Toronto, presented by industry peers - the Canadian Garden Tourism Council in conjunction with the Garden Tourism Conference, Canadian Nursery Landscape Association and American Public Gardens Association...kudos! Reduce labour costs in black iron pipe gas line installations with **Viiega MegaPress**® Black iron, also known as black steel, is a common pipe material in the industry, especially for use in gas lines. The traditional method for joining black iron pipe is threading, which requires heavy equipment, messy cutting oils and bulky wrenches to use for



manual tightening of joints. Installation projects - Quaker Steak & Lube® restaurant . With the advent of press technology, other manufacturers have created press fittings for use with black iron systems in order to eliminate the uncertainty and frustration in joining black iron pipe. However, in many instances, these fittings are rated only for hydronic applications and not gas. But Viiega MegaPress is different, it is the only carbon steel press fitting engineered for installation in water and gas applications. Founded in 1899, The Viiega Group manufactures and distributes the highest quality plumbing, heating and pipe joining systems in the world. Viiega is best known for innovative press technology systems for industrial, commercial and residential projects, like Viiega ProPress® for copper and stain-

less and Viiega PEX Press systems in Zero Lead bronze and high-performance polymer. Viiega LLC offers more than 3,000 products in North America. For more information, visit [www.vieiga.com](http://www.vieiga.com) **MCAH Members Deal!** 50% off personalized pens...PLUS No Artwork charges Or Set-up fees! Established in 1992 and continuously innovating, **It Work Promotions** can brand your company to a new level. We have brands that fit your style, fit your budget and fit your needs. We specialize in corporate apparel and promotional products. Breaking away from traditional promotional products, we have products that will out perform your highest expectations. We will work one on one with our clients as we pride ourselves on listening to your needs. We have invested in a new laser embossing machine which gives you the option of embroidery or laser etching on your apparel. All embroidery, laser and silk screening is done in house to ensure the highest of quality. Please contact Bill at 905-928-4802 or [bill@itworkspromotions.com](mailto:bill@itworkspromotions.com)



**Contact MCAH with YOUR MEMBER NEWS for our next newsletter! It's your turn to BRAG...**

## 2013- 2014 COMMITTEE APPOINTMENTS ANNOUNCED

It is with gratitude, we are pleased to announce the following 2013 -14 committee appointments. The generosity of many talented volunteers contributing their valuable time, expertise and goodwill reinforce our organization's high level of productivity while strengthening your not-for-profit organization.

**EXECUTIVE COMMITTEE:** Lorraine Waller (Chair/President), Jason Campbell (Vice President), Mike DiLallo (Treasurer)

**PROMOTION COMMITTEE:** Anthony DeChellis (Chair), Jason Campbell, Henry Hildebrandt, Wanda Heimbecker

**EDUCATION COMMITTEE:** Mike DiLallo (Chair), Rocco DiGiovanni, Paul Shewfelt, Glenn Hanson, Jim Allison, Robert Frasca, Wanda Heimbecker

**NOMINATING COMMITTEE:** Lorraine Waller, Paul Shewfelt, Doug Cormier

**MCMaster UNIVERSITY COMMITTEE:** Paul Shewfelt (Chair), Mike DiLallo (Alternate), Jason Campbell, Glenn Hanson, Dave Crawford, Andrew Forester, Simone D'Angelo, Wanda Heimbecker

**JATC:** Doug Cormier (Chair), Lorraine Waller, Jason Campbell, Wanda Heimbecker

**LABOUR MANAGEMENT HEALTH & SAFETY COMMITTEE:** Henry Hildebrandt (Chair), Lorraine Waller (Alternate), Wanda Heimbecker

**MTBC:** George Furness, Paul Shewfelt (Alternate) **MCAC:** George Furness **MCAO:** George Furness

**CONSTRUCTION HOUSE COMMITTEE:** Lorraine Waller, Wanda Heimbecker **LOCAL OCS:** Paul Shewfelt, Anthony DeChellis

**LOCAL MIAC / LABOUR RELATIONS COMMITTEE:** George Furness (Chair), Anthony DeChellis, Jason Campbell, Wanda Heimbecker

**HHCA:** Mike DiLallo, Wanda Heimbecker **HHCA LABOUR RELATIONS COMMITTEE:** Anthony DeChellis

**ASSOCIATE MEMBERS COMMITTEE:** Henry Hildebrandt, Doug Cormier, Bob Murphy, Wanda Heimbecker



## MCAH COMMITTEE BRIEFS

Since their inception three years ago, your **Associate Member Committee** continues to strengthen the role of our industry suppliers as Associate members have donated \$44,738.55 in generous goodwill through in-kind education services and Annual General Meeting gifts, with a value of \$15,813.00 received in 2012. We are pleased to announce their new executive (*Left to Right Front Row*): Michael Douglas - Treasurer, Wayne Branchaud - Past Chair, Nikki Laskin - Chair, Mike O'Neill - Immediate Past Chair (*Back Row Left to Right*): Bill DeHal, Jeff Parkin, Kevin O'Neill, Bob Murphy (Absent): Justin Bester - Vice Chair, Debi Dion (Alternate), Rudy Vervaeet, Colin Wilson, David Hill, and Wanda Heimbecker. Welcome Henry Hildebrandt and Doug Cormier our newly appointed 2013/14 term MCAH Directors!



The **Education Committee** commitment remains consistent in delivering "top notch" programming as industry expert Dr. Hanna filled the training room to capacity at the Project Management and Managing Field & Labour Productivity to Improve the Bottom Line workshop. The annual Canadian Mechanical Contracting Education Foundation (CMCEF) Project Management member subsidy was renewed in 2013 while complimentary Member Plus education sessions offer additional savings. Courses include: BIM For Mechanical / Electrical/Piping "Business Information Modeling" - Geninfo Solutions Inc., Workplace Hydraulic Safety-Workplace Hazards and General PPE Requirements for Asbestos Work were both offered by Levitt Safety EHS Training and Consulting Services. MCAH's free monthly Associate's Member Plus workshops compliment educational offerings each year and establish industry goodwill as member invitations are extended to ECAH, HAND, MCA Niagara, MCA Toronto and UA Local 67 members and staff

when criteria matches are established. The management of the annual scholarship awards and Bay Area Science and Engineering Fair award sponsorship and judging continue to keep this committee busy year-round.

Annual mechanisms are in place to maintain effective communications and establish visibility with all area municipal economic development departments, community leaders, politicians, media, and industry colleagues in Hamilton, Halton, Haldimand, Brant and Norfolk through cross-committee initiatives with our JATC, UA Local 67 industry partnership, municipal advisory board and committee appointments, annual mailings, invitations and sponsorship support. The **Promotion Committee's** internal management of member social networking events continue to note increased engagement i.e. Golf Tournament, Annual General Meeting and Christmas Party. Industry liaison opportunities through the newly formed OCS Local Tripartite and representation at various HHCA, ECAH, HAND, OCS, MCAO, MCAC association functions throughout the year encourages discussion between industry partners providing a greater understanding of better business practices, current industry priorities, challenges and opportunities. A myriad of yearly initiatives local and international i.e. World Plumbing Day and collaborative industry partnerships make for a full agenda and busy portfolio while implementing new cost-saving strategies each year.

## 16th ANNUAL GOLF TOURNEY RAISES \$4,413.93 FOR CHARITY



Our industry partnership with the Electrical Construction Association of Hamilton provides a social venue for our industry while raising charitable funds on behalf of members. This past June, an impressive \$4,413.93 was raised for ECAH's charity, the CHML Y108 Christmas Tree of Hope! Proceeds included funds raised from the 50/50 draw contributing \$925 and the Cadillac Escalade Powercart Draw.

**THANK YOU HOLE SPONSORS!** Ainsworth Inc., Alberici Constructors Ltd., Bird Mechanical Ltd., BML Multitrades Group Ltd., Cahill Electric Ltd., D. J. Mason Electric Co. Ltd., Duke Electric (1977) Ltd., ECAO, E. S. Fox Ltd., HHCA, Holaco Installations Limited, IBEW Local 105, J & L Electrical Contractors Ltd., Kvaerner North American Construction Ltd., Lockerbie & Hole Eastern Inc., MCA Ontario, T. Lloyd Electric Ontario Ltd., UA Local 67 and Victor Electric Industries. **Men's Longest Drive** - MCAH Associate Member Committee **Ladies Longest Drive** - Aon Reed Stenhouse Inc., **Men's Closest To the Pin** - J & L Electrical Contractors Ltd., **Ladies Closest To the Pin** - Holaco Installations **Specialty Holes & Prizes** - RBC Royal Bank, Copetown Woods, George Kagianis/Stone Ridge Insurance and Aon Reed Stenhouse Inc.

**GOLF COMMITTEE:** Joe Kurpe – Chairman, Jason Campbell, Anthony DeChellis, Wanda Heimbecker, Henry Hildebrandt, Mark Lloyd, Jennifer Mason and Denise Stokes **TOURNAMENT DAY HELPERS:** John Aziz, Amanda Malaga, Nicole Latka, and Jacob Stokes.

**Congratulations To This Year's Winners!**



## MCAH EVENT CALENDAR

January 23rd 2014: Student Chapter Contractor Meet & Greet and Student Resumes, Great Hall, The University Club of McMaster  
 January 31st - February 3rd 2014: Manager's Winter Meetings, Lake Buena Vista, Florida  
 Spring 2014 & Fall 2014: Student Chapter Site Tours  
 Spring & Fall 2014: MCAH Education Programs & Subsidy Announcements  
 Spring & Fall 2014: FREE Member Plus Education Seminars - 1st & 3rd Friday or Thursday of Each Month  
 March 21st 2014: 1st Annual Canadian Student Chapter Summit, Hamilton  
 April 24th 2014: MCAH Annual General Meeting & Trade Show, Liuna Station Continental, Continental Express Ballroom  
 May 8 - 16th 2014 : MCAO Annual General Meeting/Conference, Vancouver/Alaska Cruise  
 June 24th 2014: MCAH & ECAH 17th Annual Golf Tourney, Copetown Woods  
 July 9th 2014: CMCEF 10th Annual Charity Golf Tourney, Grey Silo  
 August 2014: 20th Annual Scholarship Awards  
 October 23rd 2014: MCAH 6th Annual Pub Night, Kelsey's West Hamilton  
 September 24th - 27th 2014: MCAC Annual Conference St. John's, Newfoundland  
 November 21st 2014: MCAH Christmas Party, SHERATON Hamilton Hotel, Grand Ballroom

**MARK YOUR  
CALENDARS**



## MCAH CHRISTMAS PARTY!

**Friday, November 21, 2014**  
**SHERATON Hamilton Hotel, Grand Ballroom**  
 116 King Street West Hamilton  
 Cocktails 6:30 pm Dinner 7:15 pm



*Join us for a fun night of delicious food, great company, entertainment!*  
**STAY & PLAY! Overnight Guests Receive Our Preferred MCAH Member's Discount!**

**CORPORATE TABLES - SPECIAL INCENTIVES & GIFTS!**  
**MAKE THE MCAH CHRISTMAS PARTY YOUR OWN COMPANY CELEBRATION**

1. Company name on table
2. Company name in program
3. Company name recognition at the podium
4. Company name listed in our newsletter
5. And a special 'Thank You Gift' at each place setting

**THANK YOU 2012 & 2013 CHRISTMAS PARTY CORPORATE TABLE & SPONSORS!**

Aon Reed Stenhouse Inc. / Alberici Constructors Ltd. / Comstock Canada Ltd. / Bonnieheath Estate Winery  
 It Works Promotions / Modern Niagara Toronto Inc. / MCA Ontario / MCAH Associate Member Committee  
 Sheraton Hamilton Hotel / The State Group Inc.

### BECOME A MCAH VOLUNTEER Or SPONSOR!

**Flexible Time Commitment**  
**Build Valuable Relationships**  
**Company Recognition**  
**Share Your Expertise**

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